



# LAKELAND HILLS FAMILY YMCA



## MAKE AND TAKE BUTTERFLY SNACK

WITH REGISTERED DIETITIAN  
DANIELLE BUONFORTE, RD  
FROM SHOPRITE OF LINCOLN PARK

**Welcome Center**  
**Monday, October 16**  
**4:00- 6:00 PM**

Register at [www.lakelandhillsymca](http://www.lakelandhillsymca)  
Search under "Snack Series"



Questions? Contact Kelly at [Kellyh@hymca.com](mailto:Kellyh@hymca.com)

100 FANNY ROAD  
MOUNTAIN LAKES, NJ 07046  
973.334.2820 [WWW.LAKELANDHILLSYMCA.COM](http://WWW.LAKELANDHILLSYMCA.COM)