

# Adaptive Sports and Activities: Healthy and Fun Opportunities for Kids of All Abilities!



Come learn from parents of kids with varied abilities about how to find appropriate sports and activities that your child will love. There are so many physical, mental, emotional and social benefits of sports and physical activities. Let us help you find one that is best for you and your child regardless of your child's needs or abilities. This is a great opportunity to meet other families and children with different abilities as well! This presentation is moderated by Dr. Shoal who will also be available to answer any questions and provide further resources.

## Thursday, November 2, 7:00pm



**Presented by Hannah Shoal, MD,  
Chief of Pediatric Rehabilitation Medicine,  
Atlantic Health System**

Held via Zoom: [https://atlanticealth.zoom.us/meeting/register/tZUlc-CsqzwoGtD2yFAkEZIaWOE\\_CDVPu4OM](https://atlanticealth.zoom.us/meeting/register/tZUlc-CsqzwoGtD2yFAkEZIaWOE_CDVPu4OM)

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