



KEAN PSYCHOLOGICAL SERVICES

Kean Psychological Services is proud to offer comprehensive Mental Health services for children, adolescents, and adults. We offer our services for FREE to make them accessible for everyone within our extended community.

Children & Adolescents

Assessment:

- Learning Concerns
- Social, Emotional, & Behavioral Concerns
- ADHD & Autism
- Early Childhood Evaluations

Treatment for:

- School and Home Behavior Problems
- Anxiety & Depression
- Adjustment and Relationship Issues

Adults

Assessment:

- Learning Disability
- ADHD & Autism
- Mental Health Testing

Treatment for:

- Anxiety & Depression
- Chronic Pain and Illness
- Relapse Prevention for Alcohol Use
- Handling Overwhelming Emotions

Therapies offered:

- Mindfulness and Acceptance Based Therapies
- Trauma - Informed Therapies
- Compassion Focused Therapies
- Dialectical Behavioral Therapy (DBT)

*In-person services

*Telehealth therapy services provided on a case by case basis

Now accepting
new adult
therapy cases!

To request a spot on our wait list for assessment or therapy services, please call our clinic and leave a voice message



908-737-5890